

STAGE HOSINGEN 2017

Auch in diesem Jahr findet der traditionelle Lehrgang vor Weihnachten in Hosingen statt:

18.-22. Dezember 2017

- U16 Men
- U16 Women
- U14 Men
- U14 Women

Adresse:

Centre écologique, Parc Housen
12, Parc
L-9836 Hosingen

Tel. 92 95 98 700
Fax. 92 95 98 701
<http://www.sispolo.lu>



Vorläufige Tagespläne:

Monday 18.12.2017			
09h00-10h00	Practice 1	U16 Men	Gym
10h00-11h00	Athletics	U16 Men	Turnsaal
09h00-10h00	Athletics	U16 Women	Turnsaal
10h00-11h00	Practice 1	U16 Women	Gym
10h00	Check-in	U14 Men & Women	Sispolo
11h15	Check-in	U16 Men & Women	Sispolo
11h00-12h00	Practice 1	U14 Women	Gym
12h00-13h00	Athletics	U14 Women	Turnsaal
11h00-12h00	Athletics	U14 Men	Turnsaal
12h00-13h00	Practice 1	U14 Men	Gym
12h00	Lunch	U16 Men & Women	Mensa
13h30	Lunch	U14 Men & Women	Mensa
13h30-15h30	Practice 2	U16 Women	Gym
15h30-17h30	Practice 2	U16 Men	Gym
18h00	Dinner	U16 Women & U14 Men	Mensa
17h00-19h00	Practice 2	U14 Women	Gym (Warm up side)
19h15	Dinner	U16 Men & U14 Women	Mensa
19h15-21h00	Practice 2	U14 Men	Gym
21h15	Meeting	All Teams	Conference room
21h30	Snack	All Teams	Mensa
22h30	Sleep	All Teams	Rooms
22h30	Coaches Meeting	All Coaches	Meeting Room

Tuesday 19.12.2017			
08h00	Breakfast	U14 & U16 Women	Mensa
09h00	Breakfast	U14 & U16 Men	Mensa
08h45-10h00	Practice 3	U14 Women	Gym
10h00-10h45	Athletics	U14 Women	Turnsaal
09h00-10h00	Athletics	U16 Women	Turnsaal
10h00-11h00	Practice 3	U16 Women	Gym
11h00-12h00	Practice 3	U14 Men	Gym
12h00-13h00	Athletics	U14 Men	Turnsaal
11h00-12h00	Athletics	U16 Men	Turnsaal
12h00-13h00	Practice 3	U16 Men	Gym
12h00	Lunch	U14 & U16 Women	Mensa
13h30	Lunch	U14 & U16 Men	Mensa
13h30-15h30	Practice 4	U14 Women	Gym
15h30-17h30	Practice 4/ Game	U16 Women	Gym
18h00	Dinner	U16 Men & U14 Women	Mensa
17h00-19h00	Practice 4	U14 Men	Gym (Warm up side)
19h15	Dinner	U16 Women & U14 Men	Mensa
19h15-21h00	Practice 4/ Game	U16 Men	Gym
21h30	Snack	All Teams	Mensa
22h30	Sleep	All Teams	Rooms
22h30	Coaches Meeting	All Coaches	Meeting Room

Wednesday 20.12.2017			
08h00	Breakfast	U14 & U16 Men	Mensa
09h00	Breakfast	U14 & U16 Women	Mensa
08h45-10h00	Practice 5	U14 Men	Gym
10h00-10h45	Athletics	U14 Men	Turnsaal
09h00-10h00	Athletics	U16 Men	Turnsaal
10h00-11h00	Practice 5	U16 Men	Gym
11h00-12h00	Practice 5	U16 Women	Gym
12h00-12h45	Athletics	U16 Women	Turnsaal
11h00-12h00	Athletics	U14 Women	Turnsaal
12h00-13h00	Practice 5	U14 Women	Gym
12h00	Lunch	U14 & U16 Men	Mensa
13h30	Lunch	U14 & U16 Women	Mensa
13h30-15h00	Practice 6	U16 Men	Gym
15h00-16h30	Scrimmage vs U14 M 1	U16 Women	Gym
17h30	Dinner	U16 Men & Women, U14 W	Mensa
17h00-19h00	Scrimmage vs U14W 2	U14 Men	Gym
19h15	Dinner	U14 Men & U14 Women 2	Mensa
19h15-21h00	Game vs Arlon	U14 Women	Gym
19h15	Swimming Pool	U16 Men & Women	Aquanat'our
21h30	Snack	All Teams	Mensa
22h30	Sleep	All Teams	Rooms
22h30	Coaches Meeting	All Coaches	Meeting Room

Thursday 21.12.2017			
08h00	Breakfast	U16 Men	Mensa
09h00	Breakfast	U14 M & W, U16 W	Mensa
09h00-11h00	Practice 7	U16 Men	Gym
10h00-11h00	Athletics	U14 Men	Turnsaal
11h00-13h00	Practice 7	U16 Women	Gym
11h00-12h00	Athletics	U14 Women	Turnsaal
12h15	Lunch	U14 M & W, U16 M	Mensa
13h00	Lunch	U16 Women	Mensa
13h30-15h30	Practice 7	U14 Men	Gym
14h00-15h00	Team Meeting	U16 Women	Meeting Room
15h30-17h30	Game vs Cadettes Wiltz	U14 Women	Gym
16h00-17h00	Team Meeting	U16 Men	Meeting Room
18h00	Dinner	Alle Teams	Mensa
19h00-20h00	Athletics	U16 Men	Turnsaal
19h15	Swimming Pool	U14 Men & Women	Aquanat'our
20h00-21h00	Athletics	U16 Women	Turnsaal
21h30	Snack	All Teams	Mensa
22h30	Sleep	All Teams	Rooms
22h30	Coaches Meeting	All Coaches	Meeting Room

Friday 22.12.2017			
08h00	Breakfast	U14 Men & Women	Mensa
09h00	Breakfast	U16 Men & Women	Mensa
09h00 - 11h00	Practice 8	U14 Men & Women	Gym
11h00 - 13h00	Practice 8	U16 Men & Women	Gym
13h00	Lunch	All Teams	Mensa
14h00	Check Out	All Teams	Sispolo

Kaderlisten:

Anmerkung: Die Anzahl der Plätze beim Stage ist begrenzt. Deswegen können nicht alle Spieler/innen berücksichtigt werden!

o U14 Men Stage Hosingen

	Name	DoB	VEREIN
1	BAKAYANDELA Samuel	05.04.05	Telstar Hesperange
2	BIX Max	15.07.04	BC Mess
3	BUCK Cedric	26.05.04	Racing Luxembourg
4	VASIC Nicolas	03.12.04	Racing Luxembourg
5	GOLLER Thibault	14.06.04	Musel Pikes
6	HIPPERT Mathis	31.01.04	Musel Pikes
7	JACOBS Alain	11.01.04	Résidence Walferdange
8	KOERFER Louis	08.07.04	Résidence Walferdange
9	LORUSSO Matteo	16.04.04	Amicale Steinsel

10	THILL Léo	31.08.04	Résidence Walferdange
11	MLADENOVIC Nemanja	14.08.05	Mambra Mamer
12	NEUEN Luc	05.07.04	Basket Esch
13	PARRASCH Bob	23.03.04	T71 Dudelange
14	SZULC Nicolas	27.09.04	Telstar Hesperange
15	MONDLOCH Léo	22.11.05	Musel Pikes
16	SANNA Enzo	07.07.05	Musel Pikes
17	SHELTIEN Dorian	14.12.04	Amicale Steinsel
18	ENGEL Jora	17.01.05	Basket Esch
19	DOMINGOS Sanches Miguel	03.05.05	Etzella Ettelbréck
20	URWALD Felix	03.05.05	Résidence Walferdange
21	MICELLI Matteo	26.05.05	Sparta Bertrange
22	VAN DER SCHILDEN Jo	22.04.04	Gréngewald Hueschtert
23	DECKER Tim	24.06.05	AB Contern

○ **U14 Women Stage Hosingen**

	Name	DoB	VEREIN
1	BOISSON Anaïs	17.04.04	Sparta Bertrange
2	GEELEN Margaux	27.09.04	AB Contern
3	STRACKS Celia	05.01.05	Sparta Bertrange
4	SCHUMACHER Laetitia	13.07.04	AB Contern
5	BLASEN Emma	01.08.06	T71 Dudelange
6	GRAGLIA Lara	13.04.04	Sparta Bertrange
7	THILL Elisa	03.06.05	Basket Esch
8	VEBIU Josephine	23.02.05	T71 Dudelange
9	BURGUND Rocana	18.01.04	T71 Dudelange
10	ETUTE Ehis	24/10/05	T71 Dudelange
11	MORES Emma	20.02.04	Amical Steinsel
12	AXMANN Annemie	16.11.04	AB Contern
13	COULON Kyra	06.10.04	Basket Esch
14	FONSECA Bruna	08.06.04	Basket Esch
15	ALMEIDA DA CRUZ Noëllie	27.02.04	Etzella Ettelbréck
16	SKRIJELJ Seila	28.01.06	T71 Dudelange
17	BERTRAND Aurore	16.10.04	Amicale Steinsel
18	ROLLMANN Liz	26.04.04	Gréngewald Hueschtert
19	REULAND Julia	26.03.04	Musel Pikes

○ **U16 Men Stage Hosingen**

	Name	DoB	VEREIN
1	ARENDDT Mathieu	21.06.03	Sparta Bartréng
2	BESLIJA Zino	07.05.03	Résidence Walfer
3	DEMUTH Noah	24.11.03	Résidence Walfer
4	HANFLAND Benjamin	08.07.02	Résidence Walfer
5	HANSEN Pit	30.07.03	Résidence Walfer
6	JONSSON THORSTEINSSON Lenny	28.04.03	Amicale Steesel
7	KELLER Jeff	02.02.02	T71 Diddeleng
8	KURESEVIC Ivor	02.05.03	Amicale Steesel
9	LEJEUNE Antoine	22.02.02	Amicale Steesel
10	MUSY Maxence	12.09.03	Young Gladiators Trier
11	ORELLANA Ruben	29.01.02	Mambra Mamer
12	REDING Louis	14.06.02	AB Contern
13	SCHUMANN Chris	29.10.02	AB Contern
14	STREEF Sam	03.12.03	Musel Pikes
15	THILL Damien	28.03.03	Basket Esch
16	TOUSSAINT Nicolas	23.01.03	Sparta Bartréng
17	URWALD Ben	12.04.03	Résidence Walfer
18	BAUSTERT Pietro	09.07.03	Arantia Larochette
19	DIEDERICH Jonathan	25.04.03	Urspring
20	VAN WERWEKE Noa	05.06.02	Etzella Ettelbréck

○ **U16 Women Stage Hosingen**

	Name	DoB	VEREIN
1	COLBACH Emma	28.04.02	US Heffingen
2	COLBACH Lea	05.10.03	US Heffingen
3	HEILBRONN Noé	02.02.03	T71 Dudelange
4	BAUM Joy	01.01.02	T71 Dudelange
5	SCHMIT Lara	25.07.02	Musel Pikes
6	OLY Jo	28.03.03	US Heffingen
7	SCHREIBER Anna	29.04.03	Amicale Steinsel
8	STOFFEL Marie	22.07.03	Amicale Steinsel
9	STAAR Alisha	14.04.02	AS Zolwer
10	WIRTZ Julie	20.04.02	Amicale Steinsel
11	BRAUN Zoé	15.09.03	AB Contern
12	PELLADEAU Melissa	12.11.03	Basket Esch
13	IRTHUM Laurie	21.12.02	Gréngewald Hueschtert
14	ROLLMANN Lore	07.01.03	Gréngewald Hueschtert

Coaching Staff:

- Head Coaches:
Phil Dejworek (U16M & U14M)
Rumen Galabov (U16W & U14W)

- Assistant Coaches:
Martine Baum
Liz Schmitz
Majdi Anan
Kamil Janiszewski
Mike Smith

- Kiné/ Athletik:
Yannic Wilhelmi
Joelle Agnes

Für die U14 Men & Women gilt der Stage Hosingen zugleich als Vorbereitung auf das 5 Regionen Turnier.

5 REGIONEN TURNIER 2017

27.-29.12.2017, Sarrebourg (France)

Adressen:

Hôtel IBIS Budget SARREBOURG BUHL

Zone Ariane Plus

57400 - BUHL LORRAINE

FRANCE

Centre Sportif Pierre de Coubertin

Rue Pierre de Coubertin

57400 SARREBOURG

Cora SARREBOURG (Mittag-& Abendessen)

Rue de Phalsbourg

57400 SARREBOURG

Teilnehmende Teams:

- Lorraine
- Alsace
- Baden-Württemberg
- Berlin
- Luxemburg

Delegation Luxemburg:

U14 Men: 12 Spieler, Majdi Anan, Christian Nittler

U14 Women: 12 Spielerinnen, Rumen Galabov, Martine Baum

2 Schiedsrichter

Kader U14 Women:

AXMANN Annemie	16/11/2004	AB Contern
COULON Kyra	06/10/2004	Basket Esch
FONSECA BRUNA Filipa	08/06/2004	Basket Esch
MORES Emma	20/02/2004	Amicale Steesel
REULAND Julia	26/03/2004	Musel Pikes
SCHMITZ Sara	05/05/2004	Gréngewald Hueschtert
SCHUMACHER Laetitia	13/07/2004	AB Contern
ETUTE Faith Ehis	24/10/2005	T71 Diddeleng
BURGUND Rocana	18/01/2004	T71 Diddeleng
BOISSON Anais	17/04/2004	Sparta Bartréng
ROLLMANN Liz	26/04/2004	Gréngewald Hueschtert
STRACKS Celia	05/01/2005	Sparta Bertrange

Kader U14 Men:

BAKAYANDELA Samuel	05/04/2005	Tesltar Hesper
BIX Max	15/07/2004	BC Mess
BUCK Cédric	26/05/2004	Racing Lëtzebuerg
MAINDRON Mykolas	23/07/2004	Amicale Steesel
GOLLER Thibault	14/06/2004	Musel Pikes
HIPPERT Mathis	31/01/2004	Musel Pikes
JACOBS Alain	11/01/2004	Résidence Walfer
KOERFER Louis	08/07/2004	Résidence Walfer
LORUSSO Matteo	16/04/2004	Amicale Steesel
NEUEN Luc	05/07/2004	Basket Esch
PARRASCH Bob	23/03/2004	T71 Diddeleng
VASIC Nikola	03/12/2004	Racing Lëtzebuerg

Vorläufiger Plan:

Monday, 26.12.2016

14h00-16h00	TP U14 Women	LCD Mersch
16h00-18h00	TP U14 Men	LCD Mersch

Tuesday, 27.12.2016

08h00	Abfahrt	INS
12h00	Lunch	Sarrebourg
13h30	Technical Meeting	Sarrebourg
16h30	U14 Men BBW – Luxembourg	Sarrebourg
16h30	U14 Women BBW – Luxembourg	Sarrebourg
19h30	Dinner	Sarrebourg

Wednesday, 28.12.2016

TBA	Breakfast	Sarrebourg
09h00	U14 Men Luxembourg – Alsace	Sarrebourg
11h00	U14 Women Lorraine – Luxembourg	Sarrebourg
TBA	Lunch	Sarrebourg
14h30	U14 Men Lorraine – Luxembourg	Sarrebourg
18h30	U14 Women Luxembourg – Alsace	Sarrebourg
20h30	Dinner	Sarrebourg

Thursday, 29.12.2016

TBA	Breakfast	Sarrebourg
9h00	U14 Men Luxembourg – Berlin	Sarrebourg
11h00	U14 Women Luxembourg – Berlin	Sarrebourg
13h00	Lunch (mit Siegerehrung)	Sarrebourg
ca 15h00	Rückfahrt	Sarrebourg
ca 18h00	Ankunft Luxemburg	INS